



Curriculum Vitae



Neda Mirbagher Ajorpaz:

Ph.D in Nursing Assistant Professor, Department of operating room, Nursing & Midwifery School, Kashan University of Medical Sciences, Kashan, Iran.

Email: mirbagher_n@kaums.ac.ir

Research interests : Scale Development, Adolescent Health, Palliative Care in chronic disease

Doctor of Philosophy, Nursing, Shahid Beheshti University of Medical Sciences, Tehran, Iran, 2012-2015.

Dissertation: The Effect of Mentorship program on Perceived competency in undergraduate operating room students: A mixed method study

Master of Science, Nursing Education (Medical-Surgical), Tarbiat modares, Tehran, Iran, 2005-2007.

Bachelor of Science, Nursing, Isfahan University of Medical Sciences, Isfahan, Iran, 1999-2003.

Published & Accepted Papers (in English)

- 1-**Mirbagher-Ajorpaz N**, Adib-Hajbaghery M, Mosaebi F. The effects of acupressure on primary dysmenorrhea: a randomized controlled trial. *Complementary therapies in clinical practice* .2011;17 (1), 33-36
- 2- Aghajani M, **Mirbagher Ajorpaz N**, Kafaie Atrian M, Raofi Z, Abedi F, Naeimi Vartoni S, Soleimani A. Effect of self-care education on quality of life in patients with primary hypertension: comparing lecture and educational package. *Nursing and midwifery studies*.2013; 2 (4), 71.
- 3- **Mirbagher Ajorpaz N**, Mohammadi A, Najaran H, Khazaei S. Effect of Music on Postoperative Pain in Patients Under Open Heart Surgery. *Nursing and Midwifery Studies*. 2014;3(3):e20213.
- 4- S Heidari, M Rezaei, M Sajadi, **NM Ajorpaz**, HG Koenig. Religious practices and self-care in Iranian patients with type 2 diabetes. *Journal of religion and health*.2017; 56 (2), 683-696.
- 5- Rahimimoghadam Z , Rahemi Z, **Ajorpaz NM**, Sadat Z. Effects of Pilates exercise on general health of hemodialysis patients. *Journal of bodywork and movement therapies*.2017; 21 (1), 86-92.
- 6- Mohammadi A , **Ajorpaz NM**, Torabi M, Mirsane A, Moradi F. Effects of music listening on preoperative state anxiety and physiological parameters in patients undergoing general surgery: a randomized quasi-experimental trial. *Cent Eur J Nurs Midw*2014; 5 (4), 156-60..
- 7- Moein M, Aghajani M, **Ajorpaz NM**, Khorasanifar L. Effect of an empowerment program on self-efficacy of patients with type 2 diabetes. *Iranian Red Crescent Medical Journal*. 2017; 19(1) : 1-7.
- 8- Hosseinian M, **Mirbagher Ajorpaz N**, Esalat Manesh S. Mothers' Satisfaction With Two Systems of Providing Care to Their Hospitalized Children. *Iranian Red Crescent Medical Journal*. 2015;17(2):e23333.
- 9- Torabian M, Taghadosi M, **Mirbagher Ajorpaz N**, Khorasanifar L. The effect of Pilates exercises on general health in women with type 2 diabetes. *Life Science Journal*. 2013;10(s) :283-288.

- 10- Afshar M, **Mirbagher-Ajorpaz N** . Effects of a self-management short course instruction on glycemic control in adults with diabetes mellitus. *Nurs Midwifery Stud.*2012; 1 (1), 7-11
- 11- Dianati M, **Mirbagher-Ajorpaz N**, Heidari-Moghaddam S, Heidari M. Effect of a face-to-face education program versus an official-imperative method on needle-disposal behavior of nurses working in Kashan, Iran. *Nurs Midwifery Stud* 1 (1), 3-6.
- 12- **Mirbagher-Ajorpaz N**, Adib-Hajbaghery M, Mosaebi F. The effects of acupressure on primary dysmenorrhea: a randomized controlled trial. *Complementary therapies in clinical practice.* 2011; 17 (1), 33-36.
- 13-Aghajani M, **Mirbagher Ajorpaz N**, Kafaee Atrian M, et al. Effect of Self - Care Education on Quality of Life in Patients With Primary Hypertension: Comparing Lecture and Educational Package. *Nursing and Midwifery Studies.* 2013;2(4):71-76.
- 14-**Mirbagher Ajorpaz N**, Mohammadi A, Najaran H, Khazaei S. Effect of Music on Postoperative Pain in Patients Under Open Heart Surgery. *Nursing and Midwifery Studies.* 2014;3(3):e20213.
- 15- Heidari S, Rezaei M, Sajadi M, **Ajorpaz NM** , Koenig HG. Religious practices and self-care in Iranian patients with type 2 diabetes. *Journal of religion and health* .2017;56 (2), 683-696.
- 16- **Mirbagher Ajorpaz N**, Zagheri Tafreshi M, Mohtashami J, Zayeri F, Rahemi Z. The effect of mentoring on clinical perioperative competence in operating room nursing students. *Journal of clinical nursing.* 2016; 25 (9-10), 1319-1325.
- 17- Kafaee-Atrian M, **Mirbagher-Ajorpaz N**, Sarvieh M, Sadat Z, Asghari-Jafarabadi M, Solhi M. The effect of acupressure at third liver point on the anxiety level in patients with primary dysmenorrhea. *Iranian Journal of Nursing and Midwifery Research.* 2016;21(2):142-146.
- 18- Rahemi Z, **Ajorpaz NM**, Esfahani MS, Aghajani M. Sensation-seeking and factors related to dangerous driving behaviors among Iranian drivers.2017; *Personality and Individual Differences* 116, 314-318.

- 19- Mirsane SA, Shafagh, SH **Ajorpaz NM**. Efficacy of pomegranate ingredients in treatment and prevention of diseases. *Avicenna journal of medical biochemistry*.2013; 4 (2):1-3.
- 20- Aghajani M, **Ajorpaz NM**, Mohammadi S, Mohammadi A. Designing Multi-media learning software (MLS): Effects on surgical technology students' knowledge, attitude and practice.2013; *Life Science Journal* 10 (SPL. IS), 7-11.
- 21- Kafeai Atrian M, Afshar M, Sarvieh M, **Mirbagher Ajorpaz N**, Karimian Taheri Z, Asghari Jafarabadi M, Heshmat R. Comparison of maximum pain intensity and duration of primary dysmenorrhea after acupressure on third liver and placebo points-A double-blind randomized controlled clinical trial. *Nursing Practice Today*.2015; 1 (4), 192-198.
- 22- Atrian MK, **Ajorpaz NM** , Abbaszadeh F, Dehnavi ZM, Jafarabadi. MA Association between menstrual cycle regularity and obesity-related anthropometric indices in dormitory students of Kashan University of Medical Sciences, Iran. *Nursing Practice Today*.2015; 1 (2), 101-106.
- 23- **Ajorpaz, NM** ,Tafreshi MZ, Mohtashami J, Zayeri F, Rahemi Z. Psychometric Testing of the Persian Version of the Perceived Perioperative Competence Scale–Revised. *Journal of nursing measurement* .2017;25 (3), 162E-172E.
- 24- Abedi F, **Mirbagher Ajorpaz N**, Esalatmanesh S, Rahemi Z, Gilasi HR, Kafeai Atrian M⁶, Hosseinian M. The effect of tactile-kinesthetic stimulation on growth indices of healthy neonates. *J Bodyw Mov Ther*. 2018;22(2):308-312.
- 25- Sharif A, Kheirkhah D, Esfandabadi PS , Masoudi SB, **Ajorpaz NM**. Comparison of Regular and Probiotic Yogurts in Treatment of Acute Watery Diarrhea in Children. *J Prob Health*.2017; 5 (164): 2.
- 26- Mirsane SA, Kheirkhah D, Shafagh S, **Mirbagher Ajorpaz N**, Aminpour J. The effect of listening to Vaghe'a Surah and its translation on the state and trait anxiety before general surgeries: a Randomized Controlled Clinical Trial. *Health, Spirituality and Medical Ethics*.2017; 3 (3), 12-17.

27- Kheirkhah D, Mirsane A, **Ajorpaz NM**, Rezaei M. Effects of Pilates Exercise on Quality of Life of Patients on Hemodialysis. Journal of Critical Care Nursing.2016; 9 (3);23-43.

28- Mirsane SA, **Ajorpaz NM**, Shafagh S, Aminpour J. The Effect of Video and Images of Operating Room on Patients' Anxiety Before General Surgery: A Randomized Clinical Trial. Journal of Critical Care Nursing.2016; 9 (2):32-38.

29- Sadat Z, Kafaie-Atrian M, Abbaszadeh F, Karimian Z, **Mirbagher-Ajorpaz N**. Female Sexual Dysfunction and Related Factors among Reproductive Age Women in Kaskan, Iran. Health Education and Health Promotion (HEHP).2015; 3 (3):1-7.

30- Hoseinian M, Aghajani M, **Ajorpaz NM**. The effect of exercise on the quality of life amongst people with a respiratory disease. journal of research and health.2015; 5 (1), 50-57.

Published & Accepted Papers (in Persian with English abstract)

1-Mirbagher Ajorpaz N, Aghajani M. The effects of music and Holy Quran on patients' anxiety and vital signs before abdominal surgery. Evidence Based Care.2011; 1 (1), 63-76.

2- MirBagher AjorPaz N, Ranjbar N. Effects of recitation of holy Quran on anxiety of women before cesarean section: a randomize clinical trial. Qom University of Medical Sciences Journal .2010;4 (1), 15-19.

3- Adib-Hajbaghery M, Mirbagher N, Heidari S. Clinical Nursing Education Based on Nursing Process and Group Discussion. Iranian Journal of Medical Education .2012;11 (7), 728-734.

4- Ajorpaz NM, Shahshahani M, Dianati M. The effects of music on the anxiety and some physiological indices of patients before general surgery. Journal of Kermanshah University of Medical Sciences.2011;15(2);32-39.

5- Vares Z, Zandi M, Baghaei P, Masoudi Alavi N, **Mirbagher Ajorpaz N**. Study of quality of life and associated factors in diabetes mellitus patients of Kashan Diabet Center.2010; Iranian Journal of Nursing Research 5 (17), 14-22.

- 6- **Mirbagher Ajorpaz N**, Ranjbar N. Comparison of the effect of group discussion and traditional education methods on learning of nursing students in clinical situations. *Dena*.2008; 3 (1-2), 1-10.
- 7- **Mirbagher Ajorpaz N**, Hafezi M, Salehi S, Tayebi A, Shenasa F, Zahtabchi S. Comparing the effect of pure and impure honey on severity of pain, amount of bleeding, and duration and interval of menstrual cycles in female students with primary dysmenorrhea. *Evidence Based Care*.2012; 2 (1), 23-33.
- 8- **Mirbagher-Ajorpaz N**, Rezaei M. The effect of pulmonary rehabilitation program on quality of life of elderly patients with chronic obstructive pulmonary disease. *Zahedan Journal of Research in Medical Sciences* .2011;13 (1), 30-35.
- 9- **Ajorpaz NM**, Shahshahani MS, Rahemi Z. The effect of pure and impure honey on Nausea, vomiting and headache of dysmenorrhea. *Journal of Kermanshah University of Medical Sciences*.2013;16(7):510-517.
- 10- Aghajani M, **Mirbagher N**. Comparing the effect of holy Quran recitation and music on patient anxiety and vital signs before abdominal surgeries. *Islamic lifestyle centered on health* .2012;1 (1): 66-80.
- 11- **Mirbagher N**, Zagheri TM, Mohtashami J, Zayeri F. Mentoring in Training of Operating Room Students: A Systematic Review. *Journal of nursing education (JNE)*.2016; 5 (317), 47-54.
- 12- **Ajorpaz NM**, Ezadi A, Heidari S. Comparison of routine education and video CD on anxiety level before general surgery. *Qom University of Medical Sciences Journal* .2014;8 (5):1-7.
- 13- **Mirbagher Ajorpaz N**, Heidari S, Ranjbar N, Afshar M. Assessment Rate of Being Conscious and Quality of Informed Consent Process in inpatients Undergoing Surgery in Selected Hospitals of Isfahan in 2009. *Qom University of Medical Sciences Journal* .2011;5 (3), 53-60.
- 14- M Aghajani, **N Mirbagher**. The relationship between familiarity with the Quran and mental health in nursing students. *Islam And Health Journal*2015; 1 (4), 7-13.

Published Books in Persian

1-Afshar m, **Mirbagher-Ajorpaz N**, Baghaei P. Professional ethics in operating room. Kashan. Morssal Publisher.

2- **Neda Mirbagher**, Mahboube Rezaei,Robabe Memarian. Introduction to Chronic Obstructive Pulmonary Disease. Kashan. Morssal Publisher.

3- **Neda Mirbagher** , Maryam Shahshahani, Zahra Rahemi. Breast Cancer. Kashan. Morssal Publisher.

4- Abouzar Mohamadi, **Neda Mirbagher**. Surgery and anesthesia. Timur Zadeh Novin Publisher.

Reviewing Activities

Hayat

Iranian Journal of Critical Care Nursing

Iranian Journal of Medical Ethics

Iranian Journal of Medical Surgical Nursing (IJMSN)

Iranian Journal of Nursing and Midwifery Research

Iranian Journal of Nursing and Midwifery Research

Iranian Journal of Nursing Education

Iranian Journal of Nursing Research (IJNR) Journal of Clinical Nursing

Journal of Health Promotion Management (JHPM)

Journal of Nursing Education Journal of Research Development in Nursing & Midwifery 11

Journal of research in Religion and Health

Journal of Shahid Beheshti School of Nursing & Midwifery

Medical Ethics

Nurse Education Today

Nurse Practice Today

Nuring Ethics

Payesh

Pejouhandeh

Teaching Expertise

-Medical and surgical Nursing (BSc Nursing)

-Orthopedic Surgery, Heart surgery, Urology surgery (MSc Nursing)

-Operating Room Teaching (BSc Operating Room)

-Orthopedic Surgery, Heart surgery, Urology surgery, Gastrointestinal and endocrine surgery (BSc Operating Room)